

September's kindness outside of school challenge.

**Child's name** \_\_\_\_\_

Please tick off one each day and parents sign/ initial.

|   |  |                              |  |
|---|--|------------------------------|--|
| Thank a grown up for helping you                                | Tidy up after yourself                           | Hold a door open for someone | Write down/ say 3 things you love about yourself |
| Say sorry if you've done something wrong                        | Say hello to someone new                         | Help around the house.       | Say something kind to a family member            |
| Tell a joke.  | Give someone a compliment                        | Smile at someone             | Say good morning                                 |
| Tell your family members how much you love and appreciate them. | Tell someone you know that you are proud of them | Give someone a hug           | Make someone laugh                               |

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